

**Everything You Ever Wanted to Know About** 

# In-Home Care & Community Resources



40 11<sup>th</sup> STREET W., SUITE 100 KALISPELL, MT 59901 **406-758-5730** 

**MAY 2025** 

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# LIST OF SERVICES PROVIDED THROUGH AGENCY ON AGING

# **NUTRITION PROGRAMS**

# **CONGREGATE MEALS**

The Agency on Aging provides inexpensive, balanced lunch meals in the spacious dining room at Kalispell Senior Center, and in other local communities. For people who do not enjoy cooking, these meals offer seniors an opportunity to have a mid-day balanced meal and visit with friends and neighbors.

# Congregate meals are offered at five locations. Please call for reservations.

Bigfork Senior Center Monday, Wednesday, and Friday 639 Commerce Street Bigfork 406-837-4157

Kalispell Senior Center Monday through Friday 40 11<sup>th</sup> Street W, Kalispell 406-758-5711

Whitefish Community Center Monday through Friday 121 E Second Street, Whitefish 406-862-4923 Columbia Falls North Valley Senior Center Monday through Friday 205 Nucleus Avenue, Columbia Falls 406-892-4087

Lakeside Community Chapel "Gathering Place" Tuesday and Thursday 236 Adams Street, Lakeside 406-844-3413

# MEALS ON WHEELS

This is a service that provides the homebound (persons unable to leave their home without assistance) with hot, nutritious noon meals delivered by volunteers Monday through Friday. Special diets such as diabetic, low cholesterol or other special needs may be accommodated. Call to see if you qualify **406-758-5711** 

# SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

Formerly known as food stamps. The Agency on Aging office and Community Action Partnership offices can assist you in applying for SNAP or you can go online to <a href="https://apply.mt.gov/">https://apply.mt.gov/</a>

# MONTANA SENIOR FARMERS MARKET NUTRITION PROGRAM (SFMNP)

Sign up and redeem June 1 – October 31 at Kalispell Farmers Market (Saturdays 9am-12:30pm) or the Whitefish Farmers Market (Tuesdays 5pm-7:30pm). Must be 60+ years old, make \$2,248 or less per month

# FLATHEAD FOOD BANK

In Kalispell, located in the Gateway Mall 1203 U.S. Hwy 2 W Suite 2, Kalispell, MT 59901 406-752-3663

# INFORMATION/REFERRAL/ASSISTANCE

The primary purpose of Information, Referral, and Assistance is to aid all older persons in identifying the most appropriate services to meet their needs and connect them to the agencies providing these services. A short interview with one of our resource staff can outline the available services and identify areas of service need.

# **OUTREACH**

This program is set up to identify older persons and inform them of the availability of services. Emphasis is on rural elderly and those with greatest economic or social needs.

# RESOURCE BOOKLETS

Various booklets/pamphlets on subjects specific to people 60 years of age and older.

# **HOUSING**

This booklet contains information on subsidized and non-subsidized senior apartments. Applications for Section 8 homes are available at the Community Action Partnership office in Kalispell, 406-752-6565.

# LONG TERM CARE

In-home care consisting of medical, respite, house cleaning, escorted transportation, and support groups. There are also listings of assisted living facilities and nursing homes you can receive by contacting our local Ombudsmen. See page 5.

# \*HOMEMAKER SERVICES

Designed to help with light housekeeping. Client must provide cleaning supplies and equipment, and must be home when the service is provided. This service is not meant to be a major spring housecleaning event, but is intended to help maintain a clean home.

# \*ESCORT/ERRAND

Assisted transportation for a person who has cognitive or physical impairments that require assistance and/or supervision during the transportation. The transportation is usually to medical appointments, but can be used for errands, such as banking, grocery shopping, etc. This program is for those individuals who cannot use public transportation due to a physical impairment or because of rural location.

# \*RESPITE CARE

Provides relief for the caregiver of an older person at home. Caregiver can take time off to go shopping, run errands or just go visit friends—whatever they feel they need to give themselves a break.

\*At this time, payment for these services are by donation.

# **INFORMATION/REFERRAL/ASSISTANCE** cont.

#### OMBUDSMAN PROGRAM

Ombudsmen are advocates for residents in nursing homes and assisted living facilities.

They problem solve concerns or issues and empower residents to speak for themselves. If that is not possible, for whatever reason, the ombudsman will speak for the resident.

Ombudsmen visit facilities on a regular basis to meet with residents, families, and attend resident councils. They provide information about nursing home care as well as other topics such as Medicaid, Medicare and Social Security. They are trained to investigate complaints about health, safety, and welfare of residents, and assist them in exercising their rights.

The resident is the primary focus of the program. All actions must be for the good of the resident.

Susan Kunda, Certified Local Ombudsman, Flathead County 406-758-5737 skunda@flathead.mt.gov

Carmen Sciabica, State Long-Term Ombudsman 1-406-444-3285 <u>Carmen.sciabica@mt.gov</u>

# INSURANCE COUNSELING AND ASSISTANCE

# SHIP (State Health Insurance Program)

Assistance with Medicare/Medicaid and supplemental insurance. We help with finding the best Part D (prescription) plan to meet your needs.

#### SMP (Senior Medicare Patrol)

This is a project that recruits volunteers to learn about the Medicare system and teaches beneficiaries how to read their insurance statements. This program is meant to help fight Fraud, Waste and Abuse in the insurance field.

#### **HEALTH PROMOTION**

Agency on Aging helps sponsor activities at local senior centers that promote healthy lifestyles, fitness and health care. Activities may include, but are not limited to, exercise classes, blood pressure clinics, etc. Call the Senior Center of your choice for more information.

Bigfork Community Center 406-837-4157 North Valley Senior Center 406-892-4087 Kalispell Senior Center 406-257-1598 Whitefish Community Center 406-862-4923

# **LEGAL**

Information on powers of attorney, living wills. Agency on Aging works with a local attorney to offer 30-minute Pro bono (Free) counseling sessions. For a referral, please call the Agency on Aging office at 406-758-5730.

# FRIENDLY CALLER SERVICE

This service to seniors is available Monday through Friday. An Agency on Aging representative or volunteer will call to check in with the client to chat and see how their day is going. If there are concerns, a relative or friend is called to check on the client.

This completes the list of services that Area IX Agency on Aging provides in Flathead County.

# LIST OF SERVICES PROVIDED IN FLATHEAD COUNTY

# **EMERGENCY RESPONSE SYSTEMS**

These systems provide the client with a call button on wristband or neck lanyard. When the alert button is pushed, a live person answers to confirm the button wasn't pushed by mistake. They then call the preset responders or an ambulance.

# RADIOACTIVE, INC.

406-257-5999, 35 Heritage Way, Kalispell

**Personal Assistance Console** with voice dialer and water-resistant call pendant.

Various devices available from \$119 to \$199. Onetime equipment purchase, no monthly fee.

# MEDSCOPE AMERICA

Medscope ERS Systems, 800-645-2060

222 W. Lancaster Ave., Paoli PA 19301

Website www.medscope.org

email <a href="mailto:info@medscope.org">info@medscope.org</a>

\$30.00 flat fee for any home based or mobile device. Price includes activators for the wristband, pendant and fall detection device. No Activation or setup fees. No phone necessary. Available under Big Sky Medicaid Waiver.

# **EQUIPMENT FOR THE HEARING IMPAIRED**

MONTANA TELECOMMUNICATIONS ACCESS PROGRAM (MTAP)

800-833-8503 or 406-444-1335

111 N. Last Chance Gulch, Helena MT 59601

For Deaf or Hard of Hearing, offering the aids of amplified telephones and various other pieces of equipment, as well as TTY devices, for the deaf.

Montana residents may obtain this equipment free of cost by applying with our program.

Call **800-833-8503** for an application.



# **DENTAL CARE SERVICES**

# **GREATER VALLEY HEALTH CLINIC**

406-607-4900

Located in the Flathead City-County Health Ctr. 1035 1<sup>st</sup> Ave. W., Kalispell

https://greatervalleyhealth.org/



#### **DONATED DENTAL SERVICES**

Dental Lifeline Network of Montana 406-449-9670 or 888-449-9670

www.DentalLifeline.org

Helps people with disabilities or over 65 or medically fragile and cannot afford needed dental care.

Visit the website to download an application.

# **DISABILITY ADVOCACY AND SERVICES**

# AARP DRIVER SAFETY: Online and Classroom Courses

Drivers age 50+, contact ImagineIF Kalispell Library for next scheduled course at 406-758-2445

Online: <a href="https://states.aarp.org/montana/ds">https://states.aarp.org/montana/ds</a>

#### DISABLED DRIVING PROGRAM

Logan Health Medical Center Rehabilitation, 406-751-4520

A referral from a physician is a prerequisite for this program. The client must have had a driver's license previously, but does not need to have a current license. In-clinic assessment, approx. \$189.00, not covered by Medicare. Address: 310 Sunnyview Lane, Kalispell MT 59901

# DISABLED DRIVING PERMIT/LICENSE PLATES

Flathead County Motor Vehicle Department, 406-758-5690 290 N Main St., Kalispell MT 59901

Applications are also available online <a href="https://www.doj.mt.gov/driving/forms">www.doj.mt.gov/driving/forms</a>

A licensed physician, chiropractor, or Advanced Practice Registered Nurse must complete the "Medical Certification for Individual" portion of the application. **Permits** are displayed in the windshield of the vehicle and allow the person to park in the designated handicapped parking areas.

License Plates have a decal of a wheelchair indicating a person with a disability is driving.

# **DISABILITY RESOURCES**

# **OPPORTUNITY RESOURCES, INC.**

406-407-9528 Kristina Ritchie, Kalispell

406-329-1782 Jessica Hageman, Missoula

945 4<sup>th</sup> Ave E, Kalispell

Provides services and support for developmentally disabled adults.

# SUMMIT INDEPENDENT LIVING CENTER

1203 Hwy 2 W, Suite 35, Kalispell MT 59901

406-257-0048

www.summitilc.org

Provides tools and resources for individuals with all types of disabilities.

#### EMPLOYMENT OPPORTUNITIES FOR SENIORS

# SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)

406-836-0670 Deb Chouinard

www.esgw.org/scsep

Must be 55+ years of age; experience barriers to employment; have limited or low income and be unemployed.

# **HOUSING PROGRAMS**

# **Community Action Partnership of Northwest Montana**

214 S. Main St., Kalispell MT 59937

Ph. 406-752-6565

www.info@capnwmt.org

Emergency Housing: Rapid Rehousing, Permanent Supportive, Section 8 Voucher Program, Housing Counseling, Foreclosure Intervention, Low Income Home Energy Assistance Program (Liheap)

# **Neighbor Works**

Call Naomi Valentine at 406-604-4540. Programs for mortgage reinstatement, lien prevention, utilities and internet and home repair grants.

Further information: https://housing.mt.gov/Homeownership/Homeowner-Assistance-Fund

# MEDICAL EQUIPMENT LOAN CLOSETS

Various local organizations loan medical equipment such as:

Bath benches, Safety seats, Canes, Crutches and Walkers
Wheelchairs, Beds, etc.



# LIONS CLUB

406-309-5380

Used eyeglasses and hearing aids available through an application process.

# SUMMIT INDEPENDENT LIVING CENTER

406-257-0048

# RADIOACTIVE, INC.

406-257-5999, 35 Heritage Way, Kalispell

**Personal Assistance Console** with voice dialer

and water-resistant call pendant.

Various devices available from \$119 to \$199. One-time equipment purchase, no monthly

fee.

# VETERANS' PANTRY – KALISPELL

1349 US Hwy 2 E., Kalispell

406-756-7304

You do not have to be a Veteran to use their medical

equipment.

# Veteran's of Foreign War's (VFW)

KALISPELL 406-752-2611

WHITEFISH 406-862-4949

# WHITEFISH PHYSICAL THERAPY

406-862-9378

Donations of glasses, hearing aids and medical equipment are also greatly appreciated by these providers.

# **EQUIPMENT FOR THE HEARING IMPAIRED**

# LIONS CLUB

406-309-5380. Used eyeglasses and hearing aids available through an application process.



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For Deaf or Hard of Hearing, offering the aids of amplified telephones and various other pieces of equipment, as well as TTY devices, for the deaf.

Montana residents may obtain this equipment free of cost by applying with our program.

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# **MOBILE HOME REPAIR**

This program is designed to help seniors remain at home and get some help with mobile home repairs in order to keep the home safe and sanitary. Adaptive devices can be installed also. **This program is dependent on funding from different sources, please contact Jim Atkinson at 406-270-3035 for availability**\*At this time, payment for these services are by donation.

# **SMOKE DETECTORS**

Senior citizens in Kalispell, Bigfork, Ferndale and Smith Valley may **qualify for free** smoke detectors, professional installation of the devices and fire prevention advice from local firefighters. More lives are lost every year to home fires than to all major disasters. To qualify, applicants must be 65 years of age and older and not have a functioning smoke detector in their homes.

The program is a collaborative effort of Red Cross, Lowe's and Kalispell Fire Department. For information, call your local fire department, or American Red Cross at 800-733-2767.

#### TOENAIL CLIPPING SERVICES

# WHITEFISH COMMUNITY CENTER

121 E 2<sup>nd</sup> St. Whitefish 406-862-4923 3rd Thursday each month, 3-5pm. Prices vary depending on service. Reservations required. Call 406-862-4923 to schedule.

# NORTH VALLEY SENIOR CENTER

205 Nucleus Ave. Columbia Falls 406-892-4087 \$10.00 fee. Call the Senior Center to schedule a reservation.

# FLATHEAD COUNTY PUBLIC TRANSPORTATION

# MOUNTAIN CLIMBER

Mountain Climber provides on-demand public transportation within Flathead County. Most buses and vans are ADA accessible and equipped with lifts or ramps. FAIR COST \$1 EACH WAY



Ride Dispatch 406-758-5728.

TDD Number 800-335-7592

Download routes from website at https://flathead.mt.gov/mountain\_climber/ Buses do not run on weekends or holidays except seasonal runs when offered

TAXI – AIRPORT SHUTTLE

406-309-1542 Available 24/7

www.406rides.com

Taxi/Rideshare Service,

Airport Shuttle, Delivery Services

**ARROW TAXI** 

Phone 406-300-2301

http://arrowshuttletaxi.com/

# VITALITY EMS

Phone 406-270-6955

https://www.vitalogyems.com/

They provide regular transport, wheelchair transport and cot transfers. This company will go outside city limits and charge a flat rate. Employees are all EMS certified and insured.

(They will help clients from their door, into the vehicle and back per the owner)

# **GREYHOUND BUSS**

#### **CSKT**

# **VISION SERVICES**



# MONTECH

Montana Assistive Technology Program 406-243-5751

**BLIND AND LOW VISION SERVICES** 

877-296-1197

www.dphhs.mt.gov/dsd

# **OTHER RESOURCES**

#### **ADULT PROTECTIVE SERVICES**

Statewide Reporting 1-844-277-9300 Monday-Friday 8:00 am -5:00pm or online at www.aps.mt.gov

#### **MONTANA SUICIDE PREVENTION LIFELINE: 9-8-8**

988 is Montana's dedicated crisis lifeline, with trained crisis professionals answering calls 24/7

# **WESTERN MONTANA CHAPTER**

406-327-7886

2681 Palmer St, Suite K, Missoula MT 59808

#### www.westernmontanachapter.org

Provides payee and guardianship services to elderly individuals and adults with disabilities who need help managing their finances and assets.

#### **PUBLIC LIBRARY SERVICES**

Flathead County Library 247 1<sup>st</sup> Ave E., Kalispell MT 59901 406-758-5820

#### www.imagineiflibraries.org

Personal Shopper service—Books, movies, other materials can be ordered online through the Imagine If library system, the customer can then pick them up at the local library.

Curbside Service—The Kalispell branch will deliver your library materials to your vehicle if you contact them in advance.

# **VOLUNTEER OPPORTUNITIES**



- MEALS-ON-WHEELS through the Agency on Aging Nutrition Department. Call 406-758-5711
- MY GLACIER VILLAGE, see their website at <u>www.myglaciervillage.com</u> or Call 406-250-8784
- SHEPHERD'S HAND, see their website at <a href="https://shepherdshand.com">https://shepherdshand.com</a> or Call 406-260-3502



# **HOSPITALS AND CLINICS**

# **LOGAN HEALTH MEDICAL CENTER**

310 Sunnyview Lane, Kalispell MT 59901 406-752-5111

www.logan.org/krmc

#### LOGAN HEALTH-WHITEFISH

1500 Hospital Way, Whitefish MT 59937 406-863-3500

www.logan.org/nvh

Many clinics and other healthcare facilities are available in Kalispell and the surrounding communities of Bigfork, Columbia Falls, Lakeside, and Whitefish. Information can be found online under local clinics and Hospitals.

# **HOME HEALTH AGENCIES**

Home Health care is a wide range of health care services that can be provided in the patient's home to treat an illness or injury. Home health care helps patients get better, regain independence, and become as self-sufficient as possible.

Examples of skilled home health services include:

Skilled nursing care Speech physical and occupational therapy

Speech, physical and occupational therapy Wound care

Patient and caregiver education Intravenous or nutrition therapy

Monitoring serious illness and unstable health status Injections

Doctor's orders are needed to start care. (If your doctor prescribes Home Health, Medicare will pay for the services.)

Once your doctor refers you for home health services, the home health agency will schedule an appointment and come to your home to talk to you about your needs and ask you some questions about your health. The home health agency staff will also talk to your doctor about your care and keep your doctor updated about your progress.

It is important that home health staff see you as often as the doctor prescribes.

# HOME HEALTH AGENCY PROVIDERS

# **HOME OPTIONS HOME HEALTH**

275 Corporate Dr. Ste 600, Kalispell MT 59901

406-751-4200

Skilled care provided in your home under the direction of your physician. Services include skilled nursing, occupational, physical and speech therapy.

These services can be covered under Medicare, Medicaid or private insurance for those who meet the eligibility criteria.

# **HOSPICE CARE**

Hospice promotes comfort, dignity, support, safety and symptom-management at the end of life. The Hospice philosophy incorporates a holistic approach to working with individuals and their families. Hospice is for individuals who have been diagnosed with a terminal illness as determined by their physician when curative treatments are no longer available. It can be provided in the home, nursing home, or assisted living setting.

# **ENHABIT HOSPICE**

42 Bruyer Way, Kalispell MT 59901 406-755-4923

# **LOGAN HEALTH HOSPICE**

275 Corporate Dr. Ste 600, Kalispell MT 59901 406-751-4200

### IN-HOME CAREGIVERS

When routines of daily living become difficult for seniors, in-home caregivers can step in and provide assistance with personal care and homemaker services. Possible services covered by agencies:

- Help with bathing, dressing and hygiene
- Assistance with safe ambulation as well as transfers
- Nutritional support with meal planning and preparation
- Assisting with self-administering medications
- o Transportation assistance with grocery shopping and medical appointments
- Light housekeeping and homemaking services
- o Respite care

Payment accepted from Medicaid, private insurance and private pay

**NOTE: Only a nurse can administer medications!** Someone hired to do personal care can give med cues to a client and remind them to take their meds, but they cannot hand them the meds or handle them in any way.

A Plus Health Care	Addus Health Care	Angel Care
406-755-4968	406-257-1101	406-262-7892
Epaga Home Care Inc.	Comfort Keepers	Emmanuel Living At Home
406-755-4633	406-755-4030	406-858-3118
Synergy Home Care	Loyal Care In-Home	Saint Anne's Services
406-797-2711	Assistance	406-249-6071
	406-752-0146	

# **CAREGIVING PROGRAM (Volunteers)**

# SHEPHERD'S HAND

406-260-3502 5150 River Lakes Pkwy, Whitefish MT 59937

www.sheperdshand.com

For light housekeeping, grocery shopping, companion care

# SPECIALTY IN-HOME CARE SERVICES

# **BIG SKY I.V. CARE**

560 Cascade Loop, Suite 1, Kalispell MT 406-752-0440

# www.bigskyivcare.com

Big Sky I.V. Care is a home infusion pharmacy and nursing service comprised of professionals. Call 24 hours a day, 7 days a week to care for our patients. Therapies include:

- Infusion nursing care
- Enteral nutrition and nutrition assessment
- PICC lines
- Antibiotics
- Catheter care

- Antiviral therapy
- Pain management
- Respiratory medications
- Chemotherapy

# **GLACIER NURSE DIRECT**

Concierge Nursing-Mobile Nursing & Hydration Infusions 406-480-6061
GLACIERNURSEDIRECT.ORG
INTAKE@GLACIERNURSEDIRECT.COM

# **BIG SKY MOBILE IMAGING LLC**

#### MONTANA'S ONLY BEDSIDE X-RAY

Nathan Purdy M.D., M.H.S.A. Owner Call 855-249-9729 Fax 406-206-5015 Open 7 days a week. Locally owned and operated, we are providing the first and only mobile X-ray service in Montana. We currently provide X-rays to patients where they are, in their own home, nursing home, assisted living, on hospice, or receiving home health services. We will come to you.

Your bedside. Same day. No waiting line. Medicare, Medicaid, and all major insurance are accepted.

# **SUPPORT GROUPS**

#### **ALZHEIMER'S SUPPORT GROUPS**

Anyone who cares for or wants to learn about this disease that affects memory, reasoning, and judgment. Focus is on sharing experiences and information.

# **IMMANUEL LUTHERAN COMMUNITIES**

Meetings are the First and Third Mondays of the month at 3:00 pm, at Buffalo Hill Terrace. For information contact Patty Cordell 406-858-0653

# **BUFFALO HILL TERRACE**

40 Claremont St., Kalispell MT 59901 406-752-9622

# MONTANA VETERANS HOME

400 Veterans Dr., Columbia Falls MT 59912 406-892-3256

# THE SPRINGS

1001 River Lakes Parkway, Whitefish MT 59937 406-862-6322

#### BEREAVEMENT SUPPORT GROUPS

Support for those who have lost loved ones due to death. Structured, goal-oriented groups meant to provide support and a safe, confidential place to share common experiences, decrease isolation, and help each other develop and grow through grief.

#### HOME OPTIONS HOSPICE

406-751-4200 Terri Hayden

Home Options clients sign up for a 6-week group class.

#### **ENHABIT HOSPICE**

42 Bruyer Way, Kalispell MT 59901 406-755-4923 Call for appointment

# TAMARACK GRIEF RESOURCE CENTER

406-261-0724 Aubrey Howell

www.tamarackgrc.org

This organization offers group workshops, and other support for those who are grieving. Information and sign-up for upcoming events is on the website.

#### **BLIND, MONTANA ASSOCIATION**

NORTHRIDGE LUTHERAN CHURCH 323 Northridge Dr., Kalispell MT 59901 406-314-1367 Glenn Benesch

#### **CANCER SUPPORT GROUPS**

# PROSTATE CANCER

The Summit, 205 Sunnyview Lane, Kalispell 406-756-5830 Anne Scott-Markle or Ginny Hoffman Support group for partners of men with this illness

# WOMEN'S CANCER

343 Sunnyview Lane, Kalispell MT 59901

406-752-1790 Karen Hunnicutt

# 'FREE', CANCER SURVIVORS

Wellness Center, North Valley Hospital 406-863-3642

An outdoor adventure program for people living beyond cancer. Through wilderness experiences, the 'FREE' program promotes healing on a physical, emotional, and spiritual level.

This program is a collaborative effort between Flathead Valley Community College and North Valley Hospital.

#### CHRONIC PAIN SUPPORT GROUP

The Summit, 205 Sunnyview Lane, Kalispell MT 59901 406-250-5252 Dr. Alex Bokor Open to those who have chronic pain and to their family, friends, and caregivers.

# FIBROMYALGIA SUPPORT GROUP

The Summit, 205 Sunnyview Lane, Kalispell MT 59901 406-253-7228 Jerry Edmondson

#### GRANDPARENTS RAISING GRANDCHILDREN SUPPORT GROUP

Northridge Lutheran Church, 323 Northridge Dr., Kalispell MT 59901 406-756-1414 Michelle Wheat

An opportunity to share information and socialize with others in a similar situation.

# **HUNTINGTONS DISEASE SUPPORT GROUP**

800-345-4372

Call for meeting times and location.

# **LUPUS SUPPORT GROUP**

The Summit, 205 Sunnyview Lane, Kalispell MT 59901 406-837-1055 Also includes Fibromyalgia and Autoimmune Diseases

#### MENTAL HEALTH – NAMI

Adult Mental Health Services Center, 410 Windward Way, Kalispell MT 59901 406-885-3865 Tom Bartlett

Support is offered along with advocacy for better, improved services and education about mental illness to reduce the stigma associated with it.

#### MULTIPLE SCLEROSIS SUPPORT GROUP

Buffalo Hill Terrace, 40 Claremont Ave., Kalispell MT 59901 406-755-6151 Sharon Shropshire 406-752-1275 Char Kaber

# **PARKINSON'S SUPPORT GROUP**

406-250-5577 Marjory

#### PARKINSON'S CAREGIVERS SUPPORT GROUP

406-420-2321 Lyn Woods

# SJOGREN'S (SHOW-grins) SYNDROME SUPPORT GROUP

406-756-1178

Call for times and location

#### SUICIDE SUPPORT GROUP

406-871-4607

SOLAS – Surviving Our Loss After Suicide – is a community support group for persons affected by suicide loss.

# TRAUMATIC BRAIN INJURY

# TRAUMATIC BRAIN INJURY ASSOCIATION

The Summit, 205 Sunnyview Lane, Kalispell MT 59901 406-756-4725 Sue Crawford 406-756-4723 Kathy Hansen

# BRAIN INJURY ASSOCIATION OF AMERICA

Montana – Phone 703-761-0750 – local 1-800-444-6443 – Brain injury information Email <u>braininjuryinfo@biausa.org</u>
Website <u>http://www.biausa.org</u>

"Coffee with Survivors"

Email don.donald@hotmail.com

Gateway Community Center held on Saturdays 10 AM

# **VETERANS INFORMATION**

# Toll Free for All Departments – 877-468-8387

# **VETERANS BENEFITS INFORMATION**

Toll Free 1-800-827-1000

www.va.gov

#### **MONTANA VETERANS AFFAIRS DIVISION**

2989 Hwy 93 N, Kalispell MT 59901 406-755-3795

kalmvad@centurytel.net



31 Three Mile Dr., Suite 102, Kalispell MT 59901 406-758-2700 Fax 406-758-2750



3687 Veteran Dr., P O Box 1500, Fort Harrison MT 59636 406-442-6410 Fax 406-447-7916 Pharmacy—Fort Harrison 406-447-7580 Fax 406-447-7569

# **VDC VETERAN DIRECTED CARE PROGRAM**

40 11<sup>th</sup> St W, Kalispell MT 59901 406-758-2478 Terri Vuicich

Fax 406-758-5732

Services include personal care, household tasks, home maintenance, emergency response services, and consumable medical supplies.

# **TRANSPORTATION**

Medical appointments to Fort Harrison are Tuesdays and Thursdays. Call 406-755-5617

#### **EMERGENCY SHELTER**

Samaritan House reserves 4 beds for veterans. Call for availability. 406-257-5801

# **HOUSING RENTAL ASSISTANCE** – Volunteers of America

844-486-2838

